

# September

## RIVER OAKS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Meals meet USDA Regulations and all items are whole grain-rich.

OFFERED DAIL

\*DELI SANDWICHES

FRUITS



VEGGIES



Milk Choices:

Nonfat Chocolate Milk or 1% White Milk or Fat Free White



4



5

Mini French Toast & Sausage

\*\*\*\*

 Soft Taco w/ Churro

6

Big Daddy Morning Pizza

\*\*\*\*

Mac ‘n’ Cheese w/ Roll

7

Smoothie

\*\*\*\*

Cheeseburger w/ Potato Wedges

8

 Awaken Burger

\*\*\*\*

Papa Murphy's Pizza



11

Chocolate Chip Muffin

\*\*\*\*

Chicken Drumstick w/ Mashed Potatoes & Roll

12

Eggoji Waffle & Sausage

\*\*\*\*

 Enchirito

13

Country Pizza


\*\*\*\*

 Spaghetti w/ Roll

14

Benefit Bar

\*\*\*\*

 Hot Dogs w/ Smiles

15

Bacon Grilled Cheese


\*\*\*\*

Jello Pizza Sandwich

18

Blueberry Muffin


\*\*\*\*

 Orange Chicken & Rice

19

French Toast & Sausage

\*\*\*\*

 Taco & Churro

20

Pizza Bagel


\*\*\*\*

 Handmade Grilled Cheese

21

UBR Bar


\*\*\*\*

 Chicken Sandwich w/ Smileys

22

Sunrise Sandwich

\*\*\*\*

 Hero Sandwich & Cheetos

25

Choco Chip Muffin

\*\*\*\*

Chicken Nuggets & Curly Fries



26

Pancake on a Stick


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Handmade Burrito

27

Square Pizza

\*\*\*\*

 Mac ‘n’ Cheese w/ Roll

28

Cereal Bar

\*\*\*\*

Hamburger w/ Smiles

29

Awaken Burger

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Domino’s Pizza

